

Alaska Resilience Farms - Build Your Own Mushroom Kit



What is in the kit? These kits are made of the following materials:

- **Build materials:** Plastic Shelving Unit, Plastic cover, 12 zip ties, and 4 command velcro strips
- **Grow materials:** Mushroom spawn, Substrate (the growing medium)
- **Electrical:** Humidifier (requires one standard outlet), Humidistat (doesn't have to be powered)

What can you grow with this kit?

- Culinary Mushrooms: Oyster Mushrooms, Lion's Mane, Chicken of the Woods, and so on!

Requirements if you take this kit (physical and reporting)

- **Tools and Equipment:** dish soap, water, electricity, space
- **Reporting:** We will need 2 photos or videos from you. These will be entered into the Alaska Resilience Garden Photo Contest and are due by June 30th, 2023! (Date flexible for subsistence activities)
 - 1) Photo/Video of your kit during or after assembly
 - 2) Photo/Video of your kit with something starting to grow in it

How to Request the Kit - Email soil@akseedsofchange.com or call (907) 762-8660

- Please complete the Grow Kit Planning Form (back of this flier) - we can help if you have questions!

Resources and how we can help

Specific resource for this kit - scan this QR code or search YouTube

"How to Grow Mushrooms" by the channel called Howcast □

YouTube: "Complete Martha Grow Tent Setup & Maintenance" North Spore

Great Online Resource - www.farnorthfungi.com and www.namyco.org



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Grow Kit Planning Form

Step 1) Basic Information

Your name and contact (email & phone) _____

Shipping Address for kit(s) to be sent to: _____

Step 2) Pre-planning

What are you planning on growing? Starting when?

Which grow kit(s) are you planning on building?

Do you have the tools/equipment for this kit? If not, what is missing? _____

When do you plan on building this kit? _____

Where will you build this kit? _____

Who will help you build this kit? _____

Step 3) Your Environment, Resources, and Growing Materials

Do you/someone you know have experience with something like this? _____

Who will you reach out to if you have questions? _____

Please circle all of the following that you have regular access to (we will discuss options for each if not):

- Water - Mushroom Substrate - Electricity - Mushroom Spores -

Thank you to our funders:



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