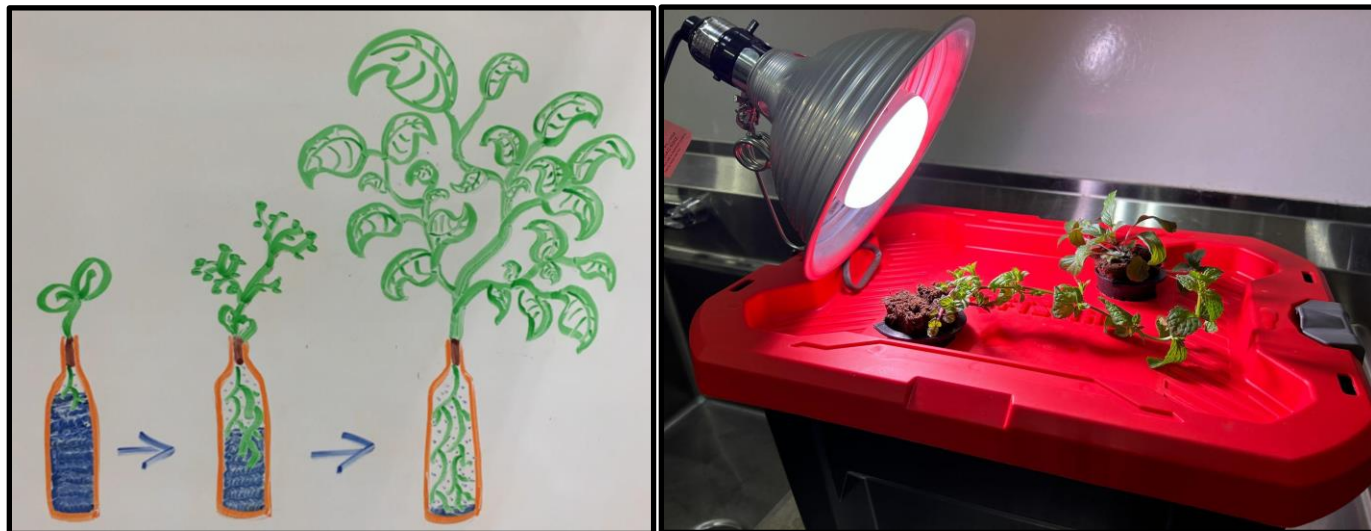


Alaska Resilience Farms - Build Your Own Hydro Grow Kit



What is in the kit? These kits are made of the following materials:

- **Build materials:** water-tight Glass/Plastic container, Disposable gloves
- **Grow materials:** Wood pulp plugs; Seeds; Nutrient mix; Fresh water; Dish soap; Small net pots
- **Electrical:** Grow Lights (1 standard outlet is sufficient)

What can you grow with this kit?

- **Herbs** (basil, parsley, dill, etc.) **Leafy Greens** (lettuce, kale, etc.) & **Small Fruit** (cherry tomatoes, etc.)

Requirements if you take this kit:

- **Tools and Equipment:** Box cutter, Sink, Funnel, Facemask, Disposable gloves, Stir rod, Measuring cup
- **Reporting:** We will need 2 photos or videos from you. These will be entered into the Alaska Resilience Garden Photo Contest and are due by June 30th, 2023! (Date flexible for subsistence activities)
 - 1) Photo/Video of your kit during or after assembly
 - 2) Photo/Video of your kit with something starting to grow in it

How to request the kit - Email soil@akseedsofchange.com or call (907) 762-8660

- Please complete the Grow Kit Planning Form (back of this flier) - we can help if you have questions!

Resources and how we can help:

- Contact us if you have any questions! soil@akseedsofchange.com or call (907) 762-8660
- **YouTube channels:** www.youtube.com/@Hoocho and www.youtube.com/@JebGardener are great!!
- **Articles:** www.ruralsprout.com/kratky-method/ and www.bobvila.com/articles/kratky-method/

Thank you to our funders:



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Grow Kit Planning Form

Step 1) Basic Information

Your name and contact (email & phone) _____

Shipping Address for kit(s) to be sent to: _____

Step 2) Pre-planning

What are you planning on growing? Starting when?

Which grow kit(s) are you planning on building?

Do you have the tools/equipment for this kit? If not, what is missing? _____

When do you plan on building this kit? _____

Where will you build this kit? _____

Who will help you build this kit? _____

Step 3) Your Environment, Resources, and Growing Materials

Do you/someone you know have experience with something like this? _____

Who will you reach out to if you have questions? _____

Please circle all of the following that you have regular access to (we will discuss options for each if not):

- Fresh Water - Hydroponic Nutrients - Electricity/Sunny Spot - Plugs/Grow Media - Seeds -

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